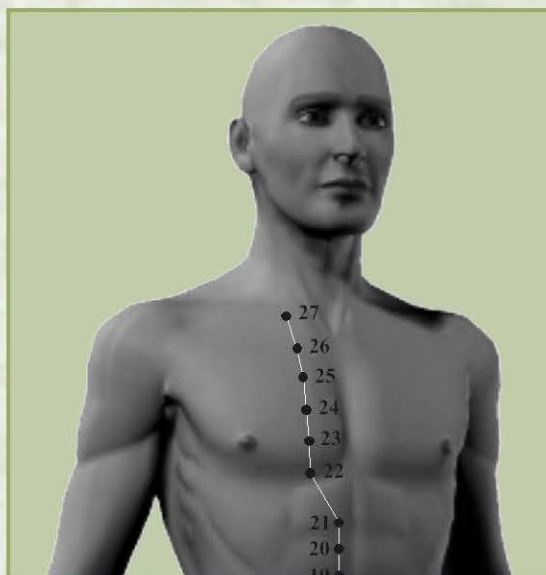
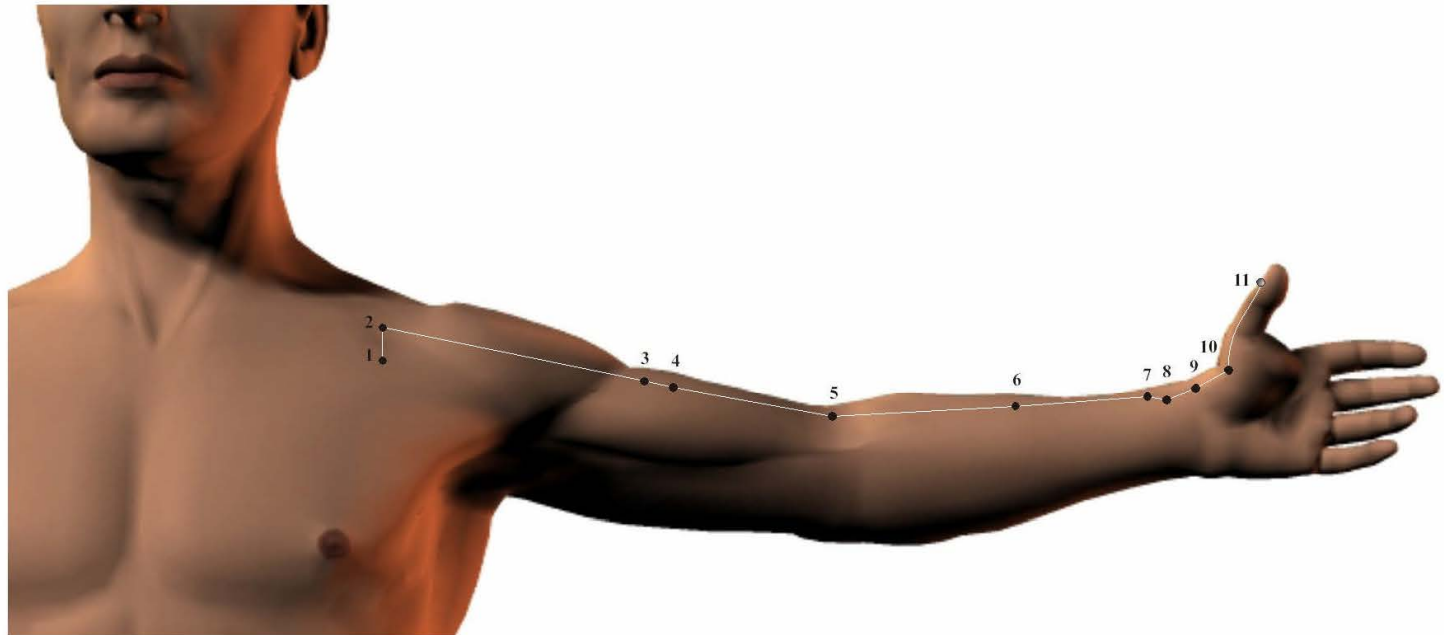


# Atlas Of Acupuncture Points

## Point Locations



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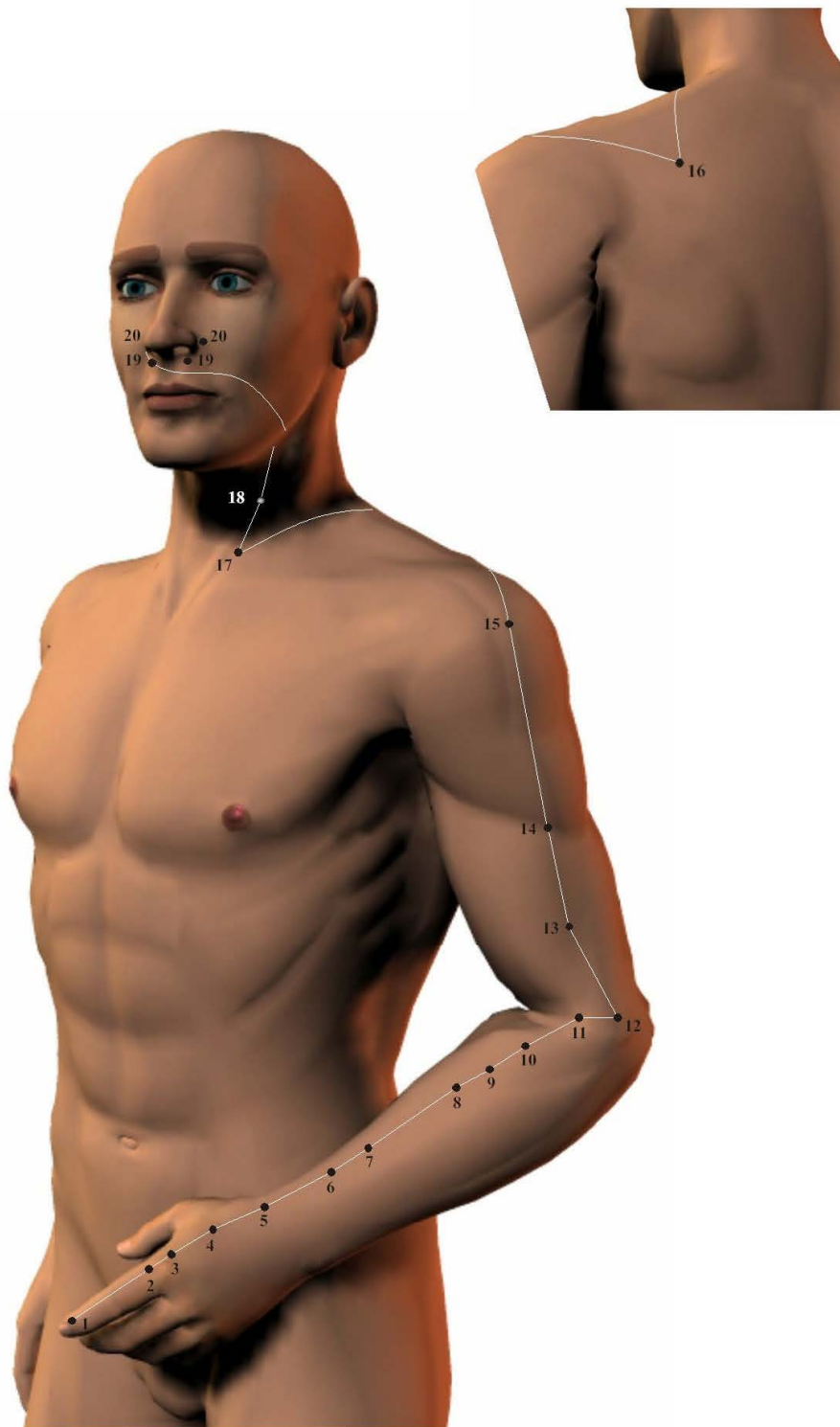


### **Lung Meridian (LU)**

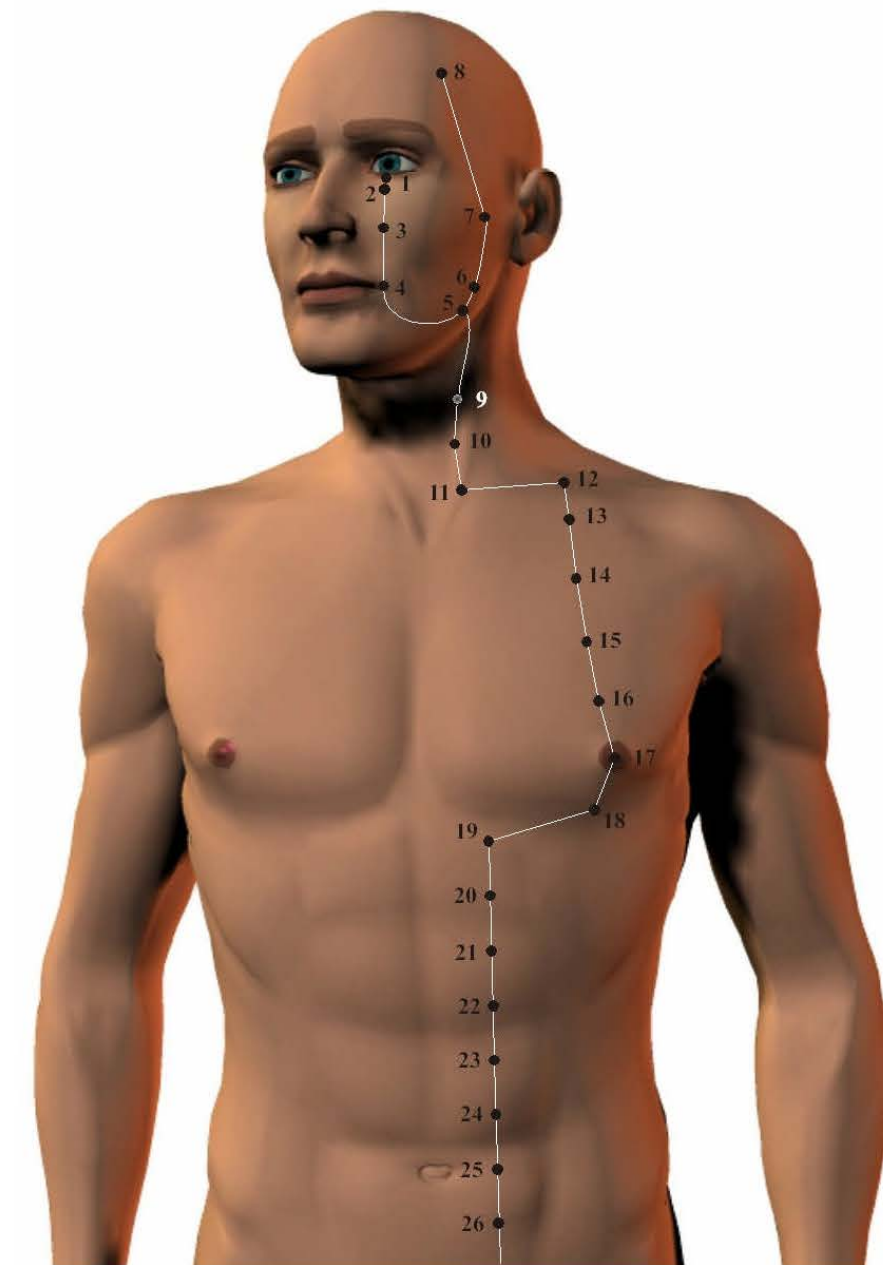
#### **Lung Meridian (LU) The Hand Greater Yin (Tai Yin) of the Lung has 11 points**

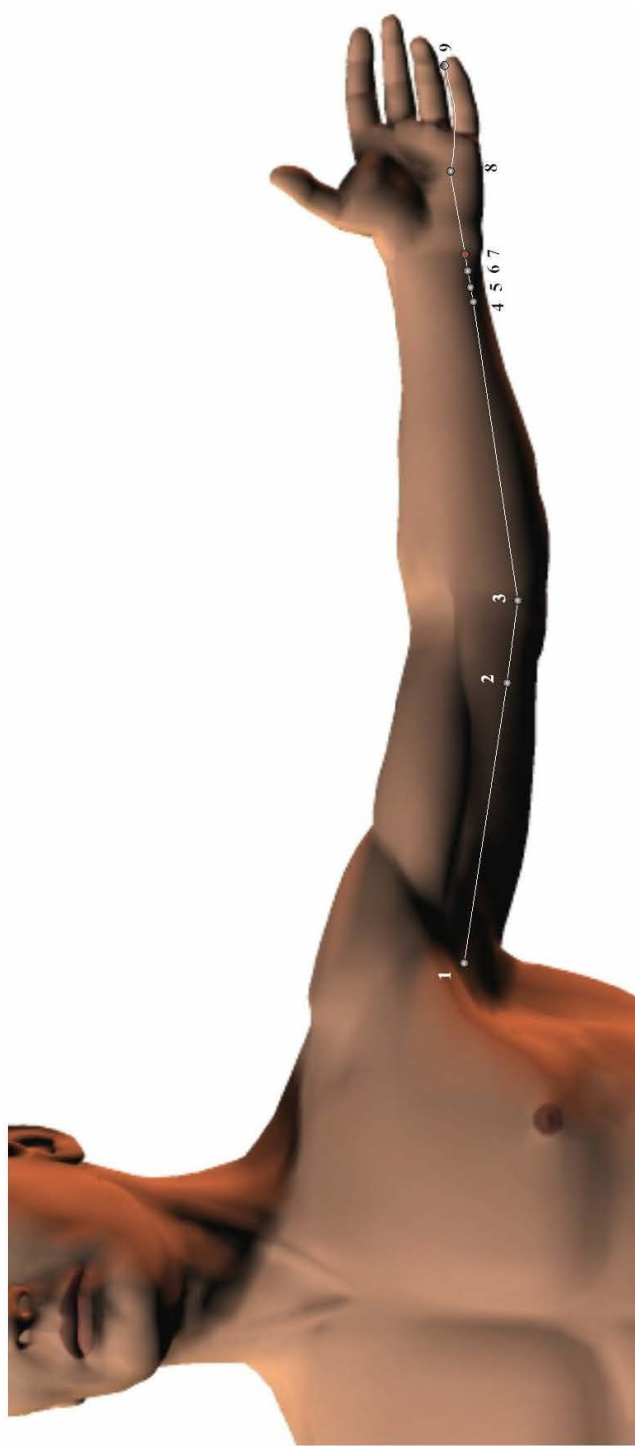
The lung channel of the Hand Taiyin originates from the lateral aspect of the chest near the arm pit. It then travels along the anterior-medial aspect of the upper arm, passing the cubital region and arrives at the radial side of the wrist containing the radial artery for pulse palpation. Passing the thenar eminence, it travels along the radial border of the palm ending at the medial side of the tip of the thumb.

## Large Intestine Meridian (LI)



## Stomach Meridian (ST)





### **Heart Meridian (HT, HE)**

#### **The Hand Lesser Yin (Shao Yin) of the Heart 9 points**

The heart channel of the Hand-Shaoyin starts in the center of axilla. From there it goes along the posterior border of the medial aspect of the upper arm. Passing through the cubital region, it descends to the pisiform region proximal to the palm and enters the palm. Then it ends at the medial aspect of the tip of the little finger.



## Small Intestine Meridian (SI)

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### Command Points

|          |                     |
|----------|---------------------|
| Earth    | SI8 Sedation Pt     |
| Fire     | SI5 Horary Pt       |
| Wood     | SI3 Tonification Pt |
| Water    | SI2                 |
| Metal    | SI1                 |
| Luo      | SI7                 |
| Xi-Cleft | SI6                 |
| Source   | SI4                 |

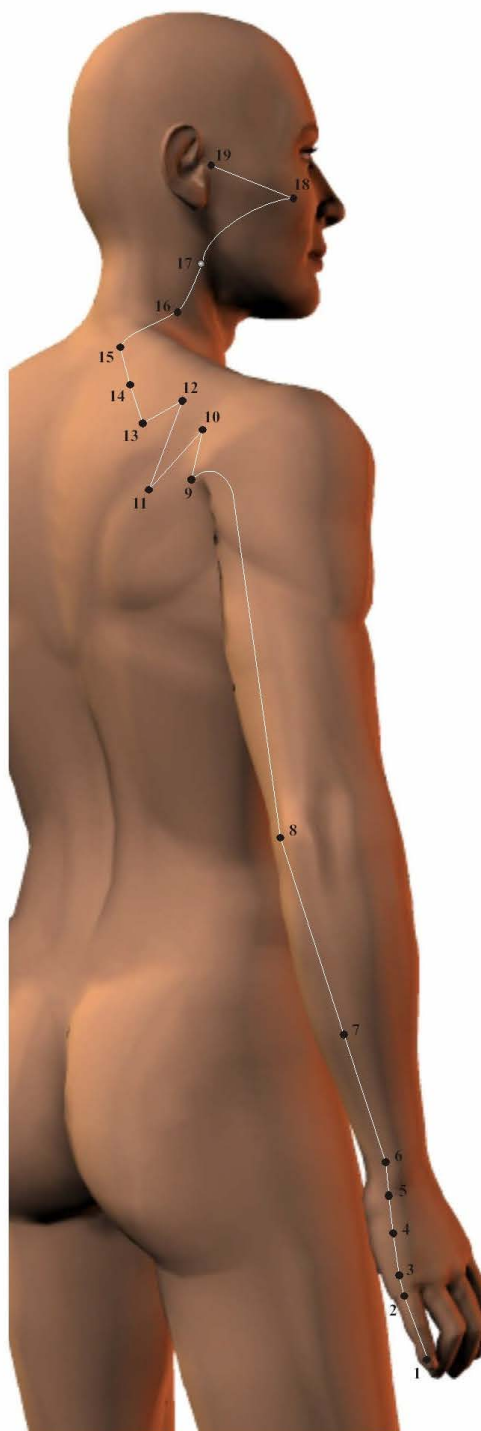
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### Small Intestine

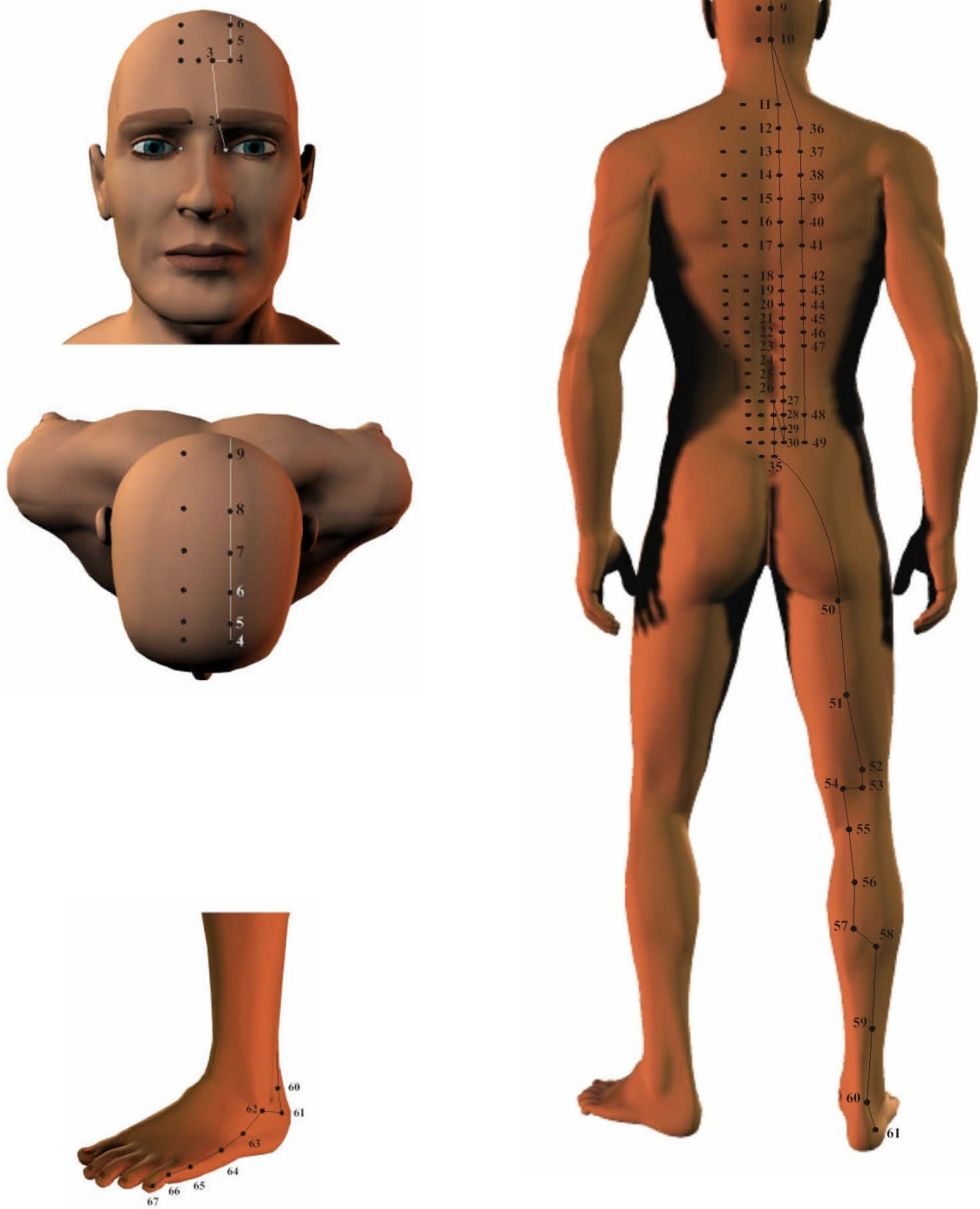
#### Fire Element

#### Correspondences

|           |          |
|-----------|----------|
| Color     | Red      |
| Flavor    | Bitter   |
| Sense     | Tongue   |
| Emotion   | Joy      |
| Tissue    | Pulse    |
| Climate   | Heat     |
| Sounds    | Laughing |
| Odor      | Scorched |
| Season    | Summer   |
| Direction | South    |



## Bladder Meridian (BL)



## Kidney Meridian (KI)

### Command Points

|          |                     |
|----------|---------------------|
| Water    | KI10 Horary Pt      |
| Metal    | KI7 Tonification Pt |
| Earth    | KI3                 |
| Fire     | KI2                 |
| Wood     | KI1 Sedation Pt     |
| Luo      | KI4                 |
| Xi-Cleft | KI5                 |
| Source   | KI3                 |

### Kidney

#### Water Element

#### Correspondences

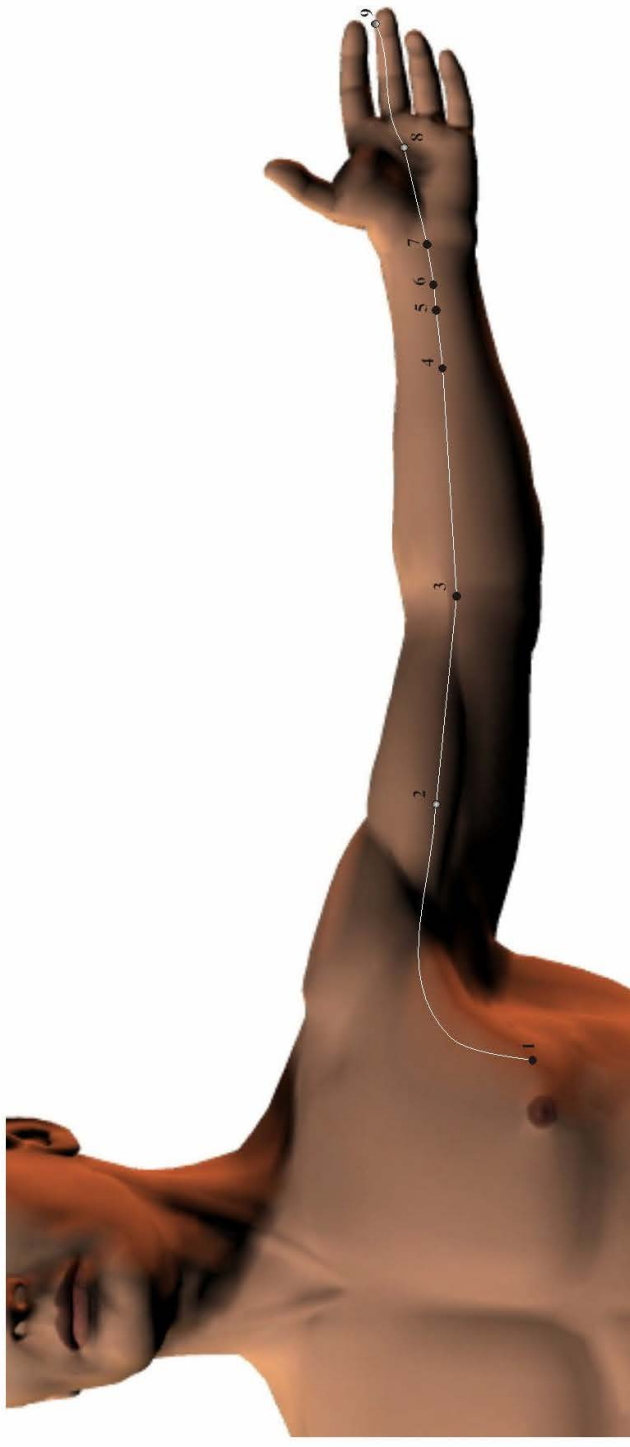
|           |            |
|-----------|------------|
| Color     | Blue/Black |
| Flavor    | Salty      |
| Sense     | Ears       |
| Emotion   | Fear       |
| Tissue    | Bones      |
| Climate   | Cold       |
| Sounds    | Groaning   |
| Odor      | Putrid     |
| Season    | Winter     |
| Direction | North      |

#### Cardinal Points

KI27 Neurological Confusion, Master Associated Pt.







### **Pericardium Meridian (P, PC)**

#### **The Hand Terminal Yin (Jue Yin) of the Pericardium 9 points**

The pericardium channel of the Hand-Jueyin originates in the chest lateral to the nipple. It then ascends to the axillary fossa and runs along the medial aspect of the upper arm, passing through the cubital fossa. It goes further downward to the forearm between the tendons of the m. palmaris longus and m. flexor carpi radialis. It enters the palm and passes along the middle finger to its tip.

## Triple Warmer (San Jiao) Meridian (TW, TB, SJ)

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### Command Points

|          |                     |
|----------|---------------------|
| Earth    | TW10 Sedation Pt    |
| Fire     | TW6 Horary Pt       |
| Wood     | TW3 Tonification Pt |
| Water    | TW2                 |
| Metal    | TW1                 |
| Luo      | TW5                 |
| Xi-Cleft | TW7                 |
| Source   | TW4                 |

### Triple Warmer

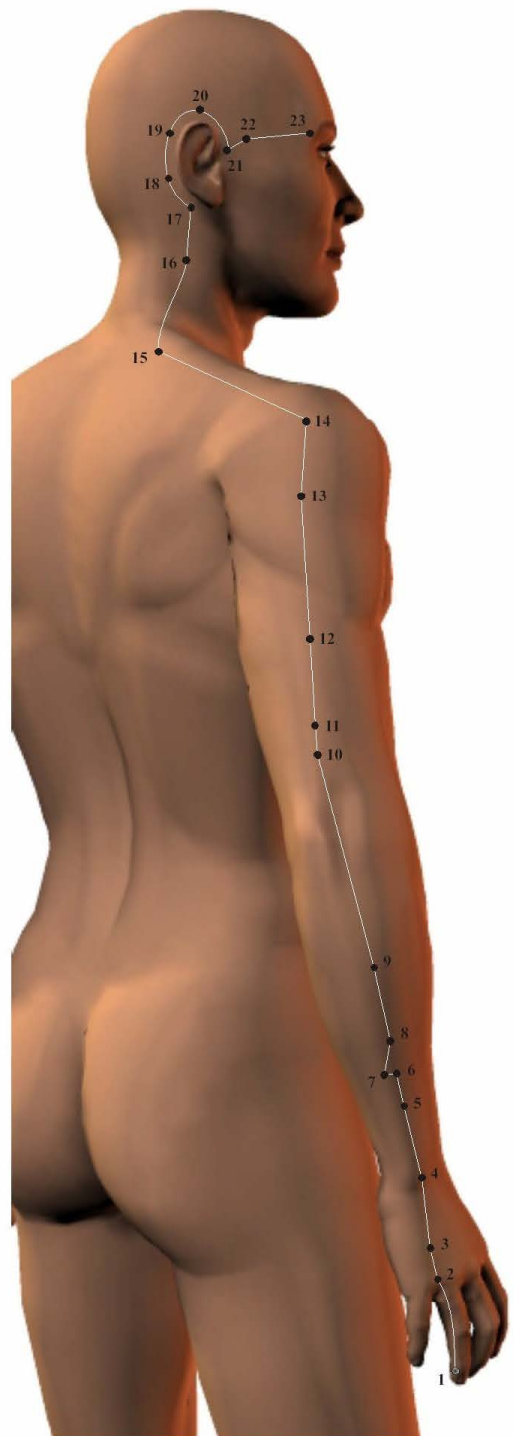
#### Fire Element

#### Correspondences

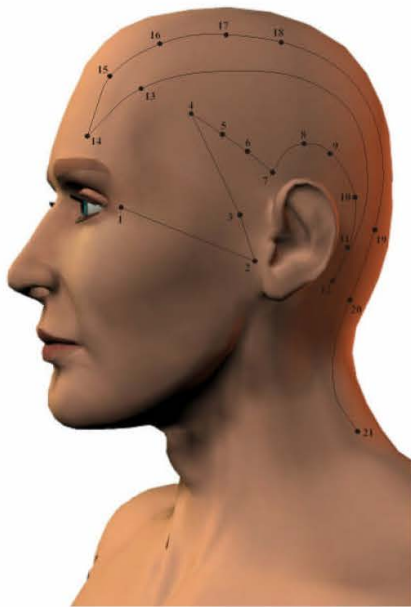
|           |          |
|-----------|----------|
| Color     | Red      |
| Flavor    | Bitter   |
| Sense     | Tongue   |
| Emotion   | Joy      |
| Tissue    | Pulse    |
| Climate   | Heat     |
| Sounds    | Laughing |
| Odor      | Scorched |
| Season    | Summer   |
| Direction | South    |

### Cardinal Points

TW5 Hand, Arm, Neck  
and Ear



## Gallbladder Meridian (GB)



### Command Points

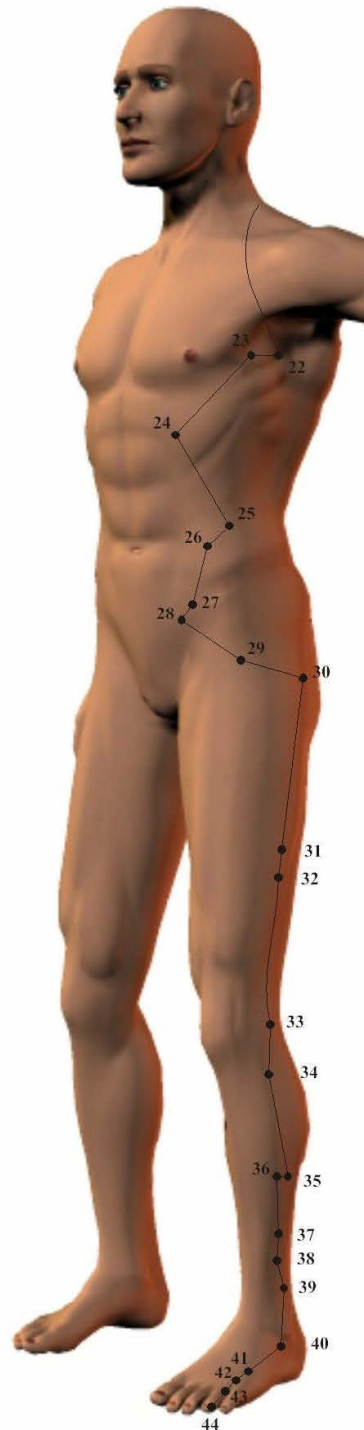
|          |                      |
|----------|----------------------|
| Earth    | GB34                 |
| Fire     | GB38 Sedation Pt     |
| Wood     | GB41 Horary Pt       |
| Water    | GB43 Tonification Pt |
| Metal    | GB44                 |
| Luo      | GB37                 |
| Xi-Cleft | GB36                 |
| Source   | GB40                 |

### Gallbladder

#### Wood Element

#### Correspondences

|           |          |
|-----------|----------|
| Color     | Green    |
| Flavor    | Sour     |
| Sense     | Eyes     |
| Emotion   | Anger    |
| Tissue    | Tendons  |
| Climate   | Wind     |
| Sounds    | Shouting |
| Odor      | Rancid   |
| Season    | Spring   |
| Direction | East     |



## Liver Meridian (LI)

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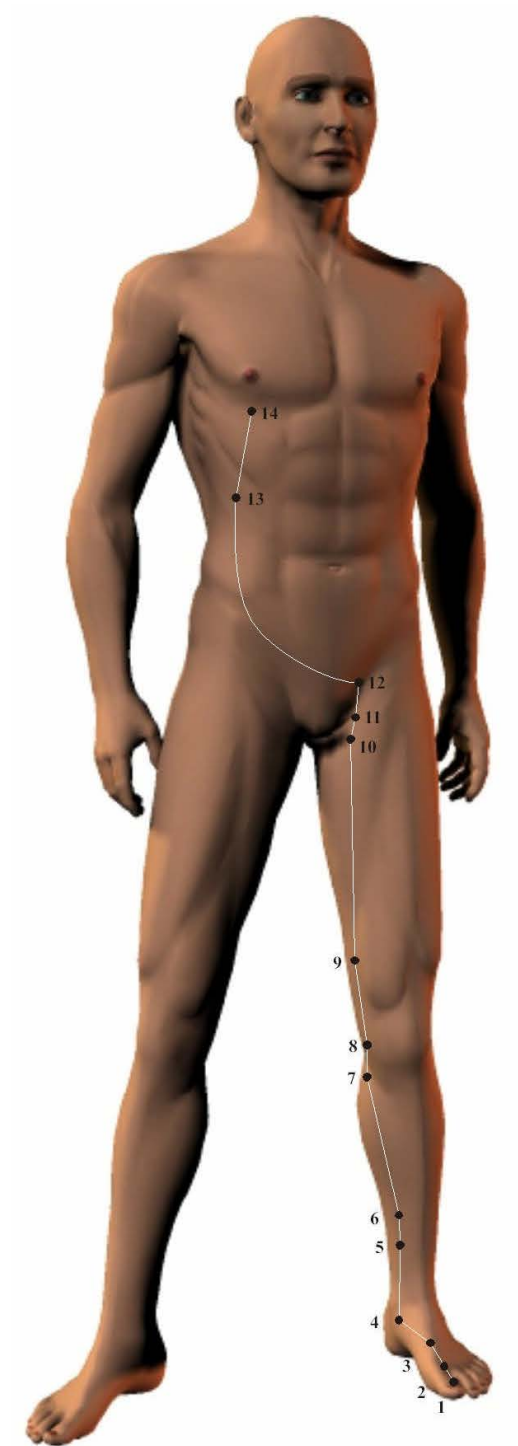
### Command Points

|          |                     |
|----------|---------------------|
| Water    | LV8 Tonification Pt |
| Metal    | LV4                 |
| Earth    | LV3                 |
| Fire     | LV2 Sedation Pt     |
| Wood     | LV1 Horary Pt       |
| Luo      | LV5                 |
| Xi-Cleft | LV6                 |
| Source   | LV3                 |

### Liver - Wood Element

#### Correspondences

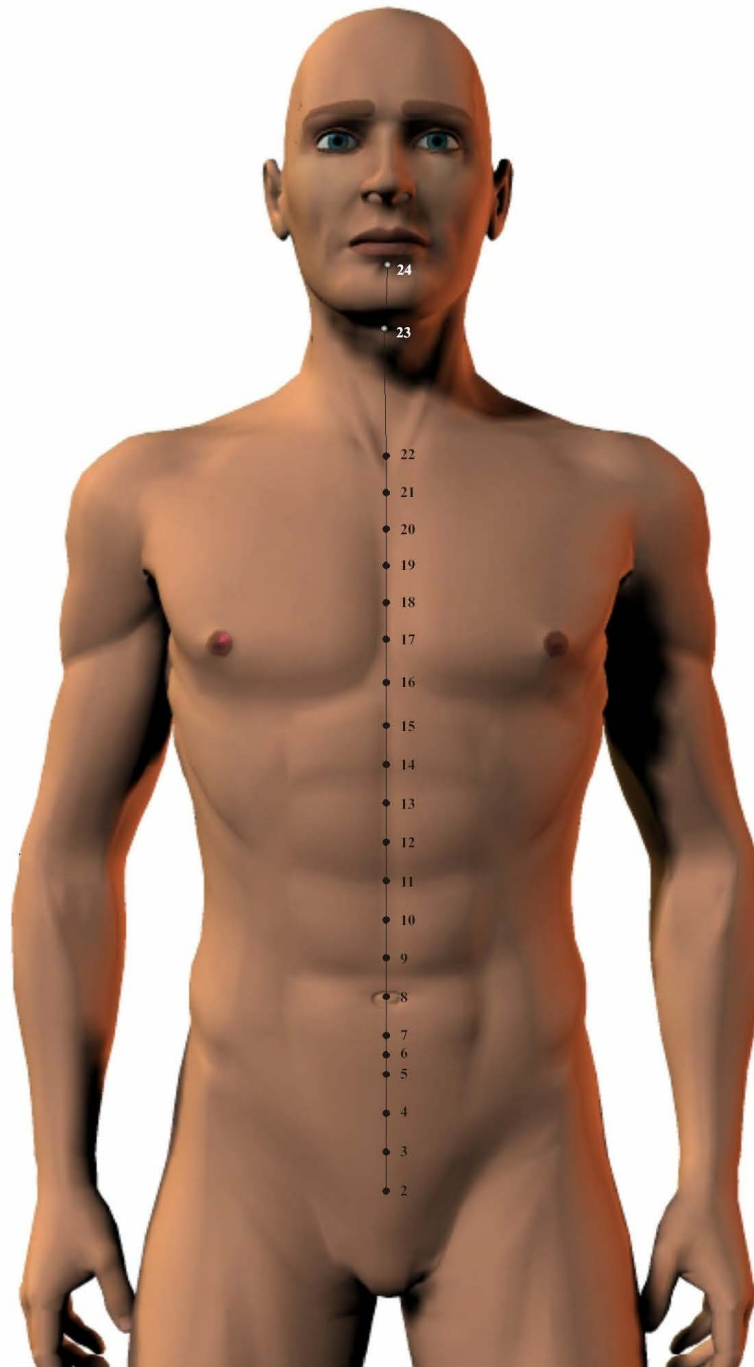
|           |          |
|-----------|----------|
| Color     | Green    |
| Flavor    | Sour     |
| Sense     | Eyes     |
| Emotion   | Anger    |
| Tissue    | Tendons  |
| Climate   | Wind     |
| Sounds    | Shouting |
| Odor      | Rancid   |
| Season    | Spring   |
| Direction | East     |



CV23 Lianquan - On the midline, in the depression superior to the hyoid bone.

CV24 Chengjiang - In the depression in the center of the mentolabial groove, below the middle of the lower lip.

### **Conception Vessel Meridian (CV, Ren)**





## Governing Vessel (GV, DU)

